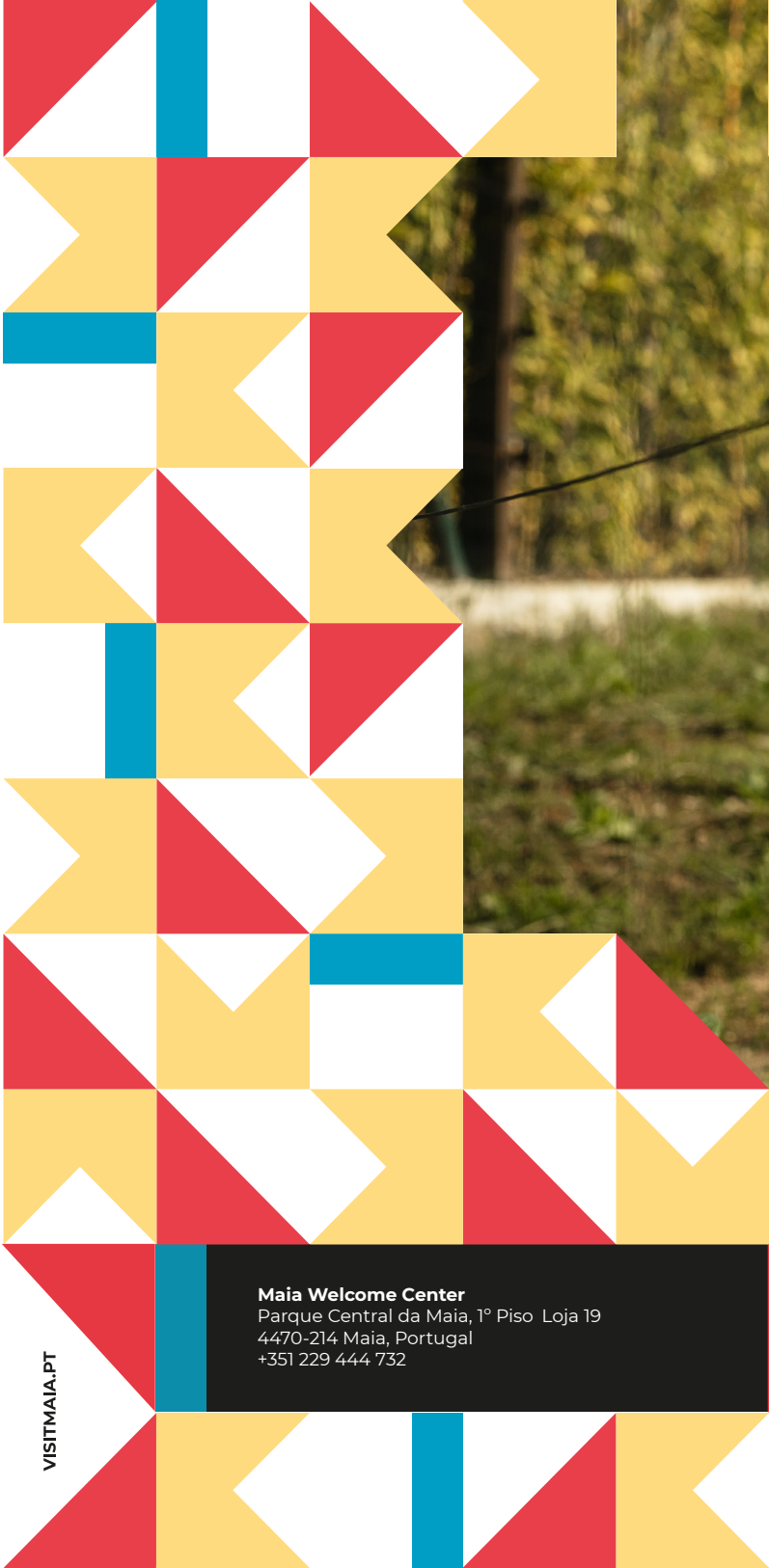




**Walking Trails in Maia**  
A series of short, circular and linear paths offer an increasingly tighter mesh of trails, whose wide variety and flexibility can be adjusted to everyone's needs and expectations. They extend mostly through rural areas, and each step along one of these walking routes is a new opportunity to enjoy magnificent landscapes, appreciate small things and feel the pleasure of walking.

**Complexo de Educação Ambiental da Quinta da Gruta**  
is made up of a romantic mansion/palace and gardens from the beginning of the 19th century. A laboratory that develops projects linked to the environment and an assembly hall were added during João Álvaro Rocha's intervention.



## NATURE



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# Discover a territory for the whole family.

**Parque Urbano dos Moutidos** offers very good conditions and is one of the most visited parks in Maia. Created by João Álvaro Rocha, it bridges the gap between the urban and the rural.

Maia is a place where families can enjoy great quality of life. Maia is a “Family-Oriented County” in which green and leisure areas allow everyone to be more in contact with nature. Ecocaminho is also a way to leave home, discover the territory and have a healthier lifestyle. There are several spaces in which green is the predominant colour. A visit to the most ecological side of the territory.







**1**

**Parque de Avioso**, in Castelo da Maia, allows visitors to be in contact with nature and walk along paths that cross meadows and lawns. It is the largest park in the municipality and is equipped with a vast parking area.



**2**

**Quinta da Gruta** offers visitors the possibility of enjoying entertainment, experimentation and leisure in a single place. During the bathing season, the swimming pool provides visitors with yet another source of entertainment.



**4**

**Parque Ponte de Moreira** features a pedestrian route along the Leça River and is part of the Leça Green Corridor. The park allows walking and/or jogging among native vegetation that includes oak trees, cork oaks, strawberry trees and European holly.



**5**

**Parque Central da Maia** is a multifunctional place where families can find various services, perfect for their free time, with leisure and recreation areas..



**6**

**Parque Urbano do Novo Rumo** is a two-hectare park that has a wooded area, a children's playground, an outdoor gym and a walking path, all encouraging physical exercise.



**3**

**Parque de Quires** is a leisure space at the service of the community. It is made up of two distinct zones: a recreational area with a playground, and an area with four small gardens that reflect the different seasons.



**7**

**Ecocaminho** runs along part of the old railway line linking to Guimarães. It has around 5 km where families can find places for the little ones to play. The route can be travelled on foot, by bicycle or on non-powered vehicles.



**8**

**Quinta dos Cónegos** is an 18th century baroque style house with strong influence from the Nasoni school. The surrounding space is provided with areas for rest and leisure, wich include educational, reflection and sharing components.



**9**

**Parque Zoológico da Maia** is in the city of Maia and has more than 330 animals from 110 different species. This Zoo aims to teach young people respect for nature.



**10**

**Fundação Gramaxo**, besides being a cultural centre, is surrounded by a large free access park with more than 8 hectares. The stone pine, the Brazilian araucaria and an avenue of camellia tress stand out in a space where rural life cohabits with the contemporary world and living species with built ones. The axis of nature-art is also present in the offer of hands-on activities related to planting and caring for nature.



**11**

**Parque Urbano dos Maninhos**, in the city of Maia, comprises an area of more than 8,000 m2 where families can find indigenous riparian species and circular hills that allow climbing training.



**13**

**Complexo Municipal da Casa do Alto**, located in the former "Quinta de Cutamas", provides urban furniture that allows visitors to enjoy the entire green area. The gardens with more than 18,000m2 are made up of large lawns and wooded areas, and there are several pedestrian paths with various steep climbs.



**15**

**Parque Urbano de Moutidos** is located in the parish of Águas Santas and its vast area (4 hectares) is ideal for being in contact with nature. Here families will find several lawn areas and a privileged view over Maia.



**14**

**Quinta da Caverneira**, offers stunning views over the Mountain of Agrela and the Leça valley. In addition to the park's paths bordered by camellia trees, it has several areas specifically dedicated to shows, training and exhibitions.



**12**

**Alfena**  
**Parque Urbano dos Amores** offers various equipments for practicing sports. The children's playground and network of paths also provide multiple experiences and unique moments of leisure.

